



Dear Parents,

I'd like to begin my speech by acknowledging the changes and proposed changes before us as communicated this year by Education Ministry representatives. While the path ahead is still somewhat undetermined, it is clear that 2016 will see changes for us all, with Dilmun School being a key focus group.

The anxiety, change process frustrations and unanswered questions have indeed been a distraction, however I believe we need to remind ourselves that while we may not agree with every proposal, the intention is to improve educational outcomes for our students. As a school community it is critical that our feedback is well considered and focused and clearly represents the learning and cultural aspirations we want to achieve. You can be assured that this is a key objective for me and the Board and we will continue to keep you well informed.

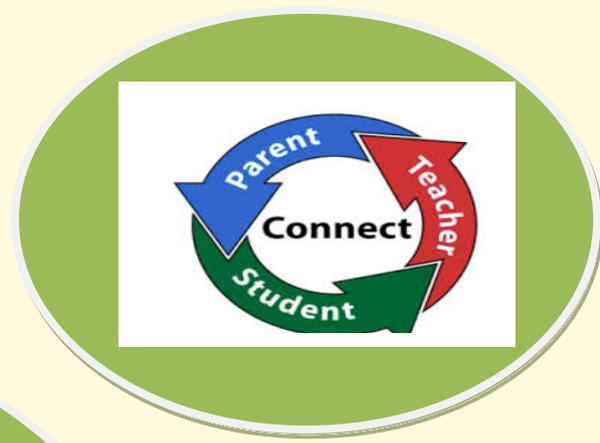
Most of you will be aware of concerns I have around aspects of personal development strategy such as extracurricular learning activities that enrich our students development and life outside the classroom We initialize few active communities: "Helping Hand" and "Go Green", however this academic year clubs have not been active the way they should have been. Whatever happens, we have a well-established and successful school culture and community and academic record and so any changes introduced will be done so in a way that preserves that where ever possible. Focusing now on our school community directly, 2015/2016 has been a difficult year but we have achieved a number of actions around our 4 strategic goals which has been satisfying as a school .Our school is highly regarded internally and externally and it always makes me proud to hear consistently positive feedback from visitors.2015/2016 has been a year of positive change, growth and development for us and one change I am personally very proud of is the huge improvements we have achieved in the connectedness between all groups associated with the school. This includes MOE working with us very closely, PTA, BOD and outside organizations supporting school's further development.

One of the most critical factors of any successful school is the staff. The team at Dilmun continues to work collaboratively together to best meet the needs of our students. I am grateful for the time and energy they put into their positions. They give so much more than what is expected to the school and your children. We hope to develop our school next Academic Year and put the name of Dilmun on the pedestals of academic achievements.

Your sincerely,

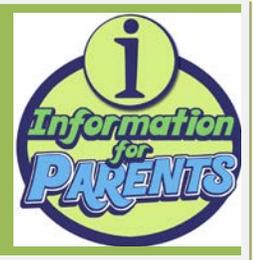
Jwona Tadeusz Jozef Kojder

PTA CORNER



PTA members have attended the meeting before the Spring break and many school expansion plans had been discussed. The new curriculum has been shown to PTA members and approved by them. PTA members had been informed about their obligations and responsibilities towards the school especially when it comes to linking the school with the outside organizations. We need the support of the outside organizations in sponsoring many activities prepared for the next academic year. Furthermore the idea of “Dilmun Year Book” has been discussed as well.

TIPS FOR PARENTS



4 Ways To Turn Your Child's Hyperactivity in to Productivity

There's a fine line between a naturally active child and a child who is affected by hyperactivity disorder.

Attention deficit hyperactivity disorder (ADHD) tends to become noticeable early on in childhood, at around 2 or three years old, but because most kids are naturally prone to daydreaming, fidgety behavior and a short attention span, ADHD is often not recognized until much later on in life.

The Signs Of ADHD

Signs of ADHD include what are normally looked at as behavioral problems such as difficulty concentrating or following instructions and the inability to control inappropriate behavior such as running in the halls or constantly interrupting conversations. It can be frustrating for a child with ADHD to be criticized or punished for such behavior if parents, teachers or other caretakers aren't aware of their disorder. Here are five ways to meet your child's need for more physical movement and help them to harness their energy and gain more control over their impulses.

1. Sports

Physical activity is essential for a child with ADHD, so pretty much any sport from biking to swimming will be beneficial for your child, although there are some sports that are even more effective than others.

Martial arts for example, like Karate, Kung Fu or Tae Kwon Do can be extremely beneficial due to the perfect balance of mental concentration along with physical exertion that they require. This can help kids to learn how to focus their energy and learn self-discipline and control. Team sports like football or basketball are also great, as they require the child to get involved and work together with others (which is good for their social skills).

2 Arts and crafts

Arts and crafts projects are great for teaching children to act on their ideas and turn creative concepts into something concrete. Whether they enjoy painting, model building, woodworking or sewing, taking an idea and seeing it through to completion can be extremely motivating for any child but especially for a child with ADHD. It shows them that they are capable of using all their energy a driving force for something creative and productive.

3. Camping and outdoor activities

There is nothing like fresh air, nature and physical activity to help your hyperactive child to use their energy for something positive. Taking your child camping is a great opportunity to teach them about nature and help them develop some practical skills. If you don't have the time to personally take your child on nature walks or go hiking and camping as often as you'd like, scouting camps are a great way to ensure that your child doesn't miss out on those great experiences. Scouting also helps kids to learn team work and improved social skills.

4. Helping around the home

If your child comes home from school practically bouncing off the walls with energy, don't sit them down in front of the TV or allow them to play video games. Instead, ask them if they'd like to help you get dinner ready or do a few simple chores like dusting or vacuuming. Kids often enjoy this kind of quality time with a parent, and it also gives them a sense of responsibility and helps them take pride in their work.

Educational field trip of year 5 and year 6 to Alliance Francaise



We had been chosen by the British Embassy to be a part of advertisement campaign promoting British National Curriculum and products of UK available on local market. The event took place in Lulu Hypermarket, Hidd and Dilmun School was proudly representing itself during the event.



THANK YOU!